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5th International Congress on Borderline Personality Disorder and Allied Disorders
Rethinking Borderline Personality Disorder: Improving Treatment and Training
 27 – 29 September 2018
 Sitges/Barcelona, Spain



European Society for the Study of Personality Disorders
www.esspd.eu

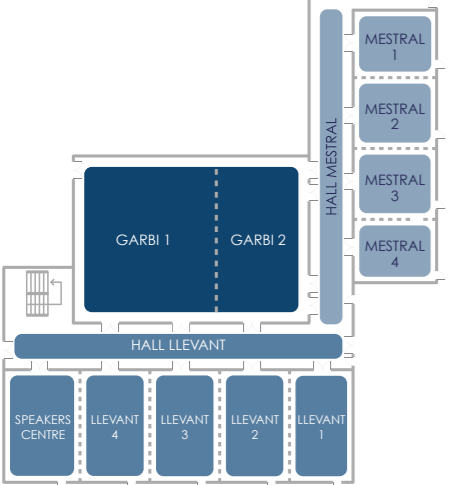
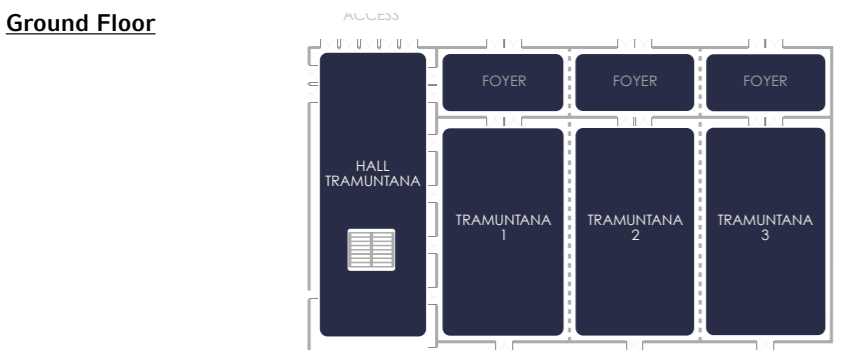
► Programme at a Glance



5º congreso de Trastorno límite de la personalidad 2018 estará organizado en cooperación de la Sociedad Española para el Estudio de los Trastornos de la Personalidad (SEETP).

Floorplan Meliá Convention Center

Ground Floor



First Floor



Congress Venue

Meliá Hotel Sitges
 Carrer de Joan Salvat Papasseit, 38
 08870 Sitges
 Barcelona, Spain

Congress Registration Counter/Information

Opening Hours

Thursday, 27 September 2018	07:30 – 18:00
Friday, 28 September 2018	08:00 – 18:00
Saturday, 29 September 2018	08:00 – 15:30

Technical Exhibition

The technical exhibition is located at Hall Auditorium.

Poster Exhibition

The poster exhibition is located at Hall Auditorium and Hall Tramuntana.

Speakers Centre

The Speakers Centre is located in room Llevant 5 on ground floor. Speakers are asked to hand in their CD-ROM or USB stick containing the PowerPoint Presentation (4:3, IBM format or compatible, no multisession) preferably 2 hours before their presentation.

Opening Hours

Thursday, 27 September 2018	07:30 – 18:00
Friday, 28 September 2018	07:30 – 17:30
Saturday, 29 September 2018	08:00 – 14:00

►► Don't miss the ESSPD Networking Dinner

Friday, 28 September 2018 at 19:30 ►► Restaurante Can Laury Peix

Tickets are available at the Congress Registration Counter for EUR 65.



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Room Time	Auditorium	Garbi 1	Tramuntana 1	Garbi 2	Llevant 1	Llevant 2	Llevant 3	Llevant 4	Mestral 1	Mestral 2	Mestral 3	Mestral 4
08:30												
09:00												
09:30												
10:00					CME-03	CME-04	CME-05	CME-06	CME-07	CME-02	CME-01	GAP-01
10:30												
11:00												
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12:00												
12:30												
13:00												
13:30	Opening Ceremony											
14:00	PL-01											
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15:00												
15:30												
16:00	CD-01	S-01	S-02	S-03	S-04	S-05	S-06	S-07	S-08	S-09	OP-01	W-01
16:30												
17:00												
17:30												
18:00	SP-01	S-10	S-11	S-12	S-13	S-14	S-15	S-16	S-17	S-18	OP-02	YRF-01
18:30												
19:00												

CME-01	Mentalization based treatment (MBT), the mentalizing formulation, and short-term intervention
CME-02	Dialectical behaviour therapy for traumatized patients (DBT-T)
CME-03	Dialectical behaviour therapy for children (DBT-C)
CME-04	Schema-focused therapy (SFT)
CME-05	Transference-focused psychotherapy (TFP)
CME-06	Good clinical practice
CME-07	Metacognitive interpersonal therapy (MIT)
GAP-01	GAP Meeting
PL-01	How does neurobiological and basic research improve treatment of BPD?
CD-01	Concepts and treatment of BPD
S-01	Modulation of emotion dysregulation in BPD
S-02	Mindfulness, default mode network and Borderline Personality Disorder
S-03	Supporting families symposium B – new methods and populations
S-04	Using e-diaries to examine affective dynamics and their relations with interpersonal events, mindfulness and health problems in patients with personality disorders and clinical and healthy controls
S-05	Clinical pearls for treatment of youth with BPD and psychiatric comorbidities
S-07	Psychopathology in Borderline Personality Disorders: Impulsivity, chronic emptiness, psychotic symptoms and comorbidity with eating disorders
S-08	From interoception and somatosensation to body ownership and body evaluation: New results on body perception in Borderline Personality Disorder from the German Clinical Research Unit

S-09	Identity and (PD-)pathology in adolescence
OP-01	Dialectical behavior therapy – aspects of treatment techniques
W-01	Evaluación de la empatía, como evolución del apego, en los trastornos de la personalidad. This is a workshop for the SEETP
SP-01	Vincente Rubio Symposium: Cambios en la percepción y el tratamiento de los Trastornos Personalidad en España en los últimos 20 años
S-10	The assessment of Criterion A: Trait, neurobiological, and developmental perspectives
S-11	Using the dimensional model for assessment of personality pathology in adolescence
S-12	Supporting families symposium A - new controlled trials
S-13	European guidelines for Borderline Personality Disorder – Recent developments and current trends
S-14	Social cognitive styles underlying BPD psychopathology
S-15	New perspectives in Borderline Personality Disorder emotional dysregulation: From empirical data to future theories
S-16	Systems Training for Emotional Predictability and Problem Solving (STEPPS) in different settings
S-17	Helping families with a youth living with Borderline Personality Disorder
S-18	Novel approaches for diagnostic and treatment of emotional instability in adolescence
OP-02	Suicidality and self-harm in BPD
YRF-01	Young Researchers Forum

Room Time	Auditorium	Garbi 1	Tramuntana 1	Garbi 2	Llevant 1	Llevant 2	Llevant 3	Llevant 4	Mestral 1	Mestral 2	Mestral 3	Mestral 4	Hall Audit/ Tramuntana
08:30													
09:00	DM-01	S-19	S-20	S-21	S-22	S-23	S-24	S-25	S-26	S-27	OP-03	S-28	
09:30													
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15:00													
15:30	CD-02	S-29	S-30	S-31	S-32	S-33	S-34	S-35	S-36	S-37	OP-04	W-02	
16:00													
16:30													
17:00													
17:30	CD-03	S-38	S-39	S-40	S-41	S-42	S-43	S-44	S-45	S-46	S-47	OP-05	
18:00													
18:30													
19:00													

DM-01	Social cognition
S-19	Influence of environmental, clinical and biological factors on facial affect recognition in Borderline Personality Disorders
S-20	Family connections across the globe: Engaging and supporting families in suicide prevention
S-21	Personality functioning and structure in adolescence: Assessment and relations to emerging personality disorders
S-22	Are non-suicidal self-injuries in adolescents a predictor of Borderline Personality Disorders development?
S-23	Adapting and expanding dialectical behavior therapy for Borderline patients suffering from eating disorders
S-24	Transdiagnostic undercontrolled and overcontrolled coping styles in personality disorders, chronic depression, forensic patients and student samples
S-25	Borderline Personality Disorder from a life span perspective: Clinical staging and health management
S-26	Social cognition in Borderline Personality Disorder
S-27	Nonsuicidal self-injury in BPD
OP-03	Diagnosis and treatment of BPD in adolescents
S-28	ADHD and Borderline Personality Disorder – two faces of the same coin? Implications for treatment
PL-02	Presidential Debate "Training in BPD-specific treatments – are we making progress?"
LE-01	Basic research
P-01	Adolescence
P-02	Affective disorders
P-03	Dialectical Behaviour Therapy (DBT)
P-04	Emotion regulation
P-05	General psychiatric management
P-06	Psychodynamic treatments
P-07	Psychopathology
P-08	Somatic aspects and aggression
CD-02	Children and adolescents
S-29	Mentalizing and mentalization based treatment – new developments
S-30	Therapeutic strategies addressing the symptomatological complexity of patient with emotional dysregulation

S-31	Adapting DBT for adolescents and young adults to residential settings: Program structure and clinical outcomes
S-32	Personality organization assessment to evaluate personality functioning for the incoming diagnostic models
S-33	The neuroscience and treatment of the comorbidity between addiction and personality disorders
S-34	Alterations in biological stress systems in Borderline Personality Disorder and other trauma associated disorders
S-35	Actualización en el trastorno límite de la personalidad: ¿Que hay de nuevo?
S-36	Genetics of BPD
S-37	Avoidant personality disorder: Recent developments in treatment research
OP-04	Personality pathology and comorbid disorders
W-02	Cómo identificar y tratar las secuelas de las experiencias adversas tempranas y el trauma de apego en el TLP
CD-03	Trauma treatment in BPD
S-38	Therapeutic processes, alliance and mechanisms of change in evidence-based treatments for Borderline Personality Disorders
S-39	Psychotic features among patients with Borderline Personality Disorder
S-40	Effectiveness of transference focused psychotherapy for Borderline adolescents in a day clinic program
S-41	Neuroimaging and clinical markers of change in Borderline Personality Disorder after metacognitive interpersonal therapy: aims, design and preliminary results from the CLIMAMITHE RCT study
S-42	Interpersonal trust and Borderline Personality Disorder: Insights from Transference-Focused Psychotherapy (TFP) and Mentalization Based Treatment (MBT)
S-43	The role of attachment representations and reflective functioning in the treatment of patients with Borderline Personality Disorder
S-44	The contribution of oxytocin on social functioning in personality disorders
S-45	Early intervention: Across childhood, adolescence and school contexts
S-46	Parenthood and BPD – different perspectives
S-47	Family interventions and Borderline Personality Disorder
OP-05	Dialectical behavior therapy – outcome studies

Room Time	Auditorium	Garbi 1	Tramuntana 1	Garbi 2	Llevant 1	Llevant 2	Llevant 3	Llevant 4	Mestral 1	Mestral 2	Mestral 3	Mestral 4
08:30												
09:00	DM-02	S-48	S-49	S-50	S-51	S-52	S-53	S-54	S-55	S-56	OP-06	OP-07
09:30												
10:00												
10:30												
11:00	CD-04	S-57	S-58		S-59	S-60	S-61	S-62	S-63	S-64	OP-08	OP-09
11:30												
12:00												
12:30												
13:00												
13:30	YRA-01											
14:00	PL-03											
14:30												
15:00												
15:30	Closing Ceremony											

Abbreviations

CME	CME Course	S	Symposium	CD	Clinical Discussion	LE	Lunch with Experts
PL	Plenary Session	W	Workshop	P	Poster Session	YRF	Young Researchers Forum
PD	Presidential Debate	OP	Oral Presentation	DM	Dialogue Meeting		

DM-02	Emotion regulation
S-48	New developments in studies and clinical approaches to narcissistic personality disorder
S-49	Clinical trials in early intervention for youth with Borderline Personality Disorder
S-50	Diagnosing and treating males with Borderline Personality Disorder
S-51	Metacognitive Interpersonal Therapy for personality disorders in group (MIT-G). Structure of the program and preliminary outcomes
S-52	A developmental model of personality dysfunction and identity in adolescence
S-53	Neurocomputational approaches in Borderline Personality Disorder: New perspectives in conceptual frameworks
S-54	Understanding self-harming behavior and therapeutic approach in adolescents
S-55	Current developments in assessment and clinical application of mentalization for personality disorder and personality function
S-56	New results on process and change in Transference-Focused Psychotherapy (TFP)
OP-06	Healthcare and economics in the treatment of BPD
OP-07	Mentalization Based Therapy (MBT)
CD-04	ICD-11 and DSM-5 alternative model: Application in clinical practice

S-57	Treatment of adolescents with Borderline Personality Disorder
S-58	¿Quién cuida del cuidador? La importancia de tener en cuenta en la evaluación y el tratamiento a los familiares de las personas con trastorno límite de la personalidad
S-59	Implementation and sustainability of dialectical behavior therapy in community settings
S-60	Clinical management for patients with a Personality Disorder
S-61	From the cradle to the grave: Borderline Personality Disorder across the life span
S-62	Borderline Personality Disorder in adolescence: Trauma, emotional dysregulation, suicide attempts and non suicidal self-injury
S-63	Specialised rehabilitation for patients with Borderline Personality Disorders: Does it work?
S-64	Towards mentalizing systems: Lessons from international applications of AMBIT
OP-08	Psychodynamic perspectives on narcissism and personality
OP-09	Psychopathological aspects of PD
LE-02	Clinical research
YRA-01	Young Researcher Award session
PL-03	Developmental perspectives on rethinking BPD and its treatment