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6th International Congress on Borderline Personality Disorder and Allied Disorders

*Change for a better future:
Perspectives beyond symptoms*

Helping patients to build a life worth living

24 – 26 September 2020
Antwerp, Belgium

**SAVE
THE
DATE!**

Congress Registration and Abstract Submission
will start in November 2019.



European Society for the Study
of Personality Disorders
www.esspd.eu

► **First Announcement**

www.borderline-congress.org

CONGRESS INFORMATION

CONGRESS PRESIDENT

Stephan Doering, Germany



WELCOME NOTE

Dear colleagues, friends and ESSPD members,

I am very happy to invite you to our next congress, the 6th International Congress on Borderline Personality Disorder and Allied Disorders. In 2020 we will focus the efforts to help our patients to build a life worth living. The heading of the conference is "Change for a better future: Perspectives beyond symptoms". We hope to extend the limits of traditional thinking in science and clinical care by creating a platform for an innovative discussion among researchers, clinicians, members of our health care systems, as well as patients and relatives. Core topics of our discussions will be positive psychology and what we have learned from suicide prevention for supporting a life worth living.

Like in our successful previous conferences, our aim is to open the floor for contributions from different disciplines and fields of research with a specific focus on our patients' well-being. Please join us in beautiful Antwerp and submit your valuable contributions to an enriching and inspiring conference.

We hope to meet you in Antwerp.

With best regards, Stephan Doering, MD

PRESIDENTIAL DEBATE

- ▶ **What does change for a better future mean in borderline personality disorder**

PLENARY SESSIONS

- ▶ **Perspectives from positive psychology: Determinants of well-being**
- ▶ **A life worth living: Lessons learned from working with suicide prevention in high risk clients**

CONGRESS AND EXHIBITION OFFICE

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